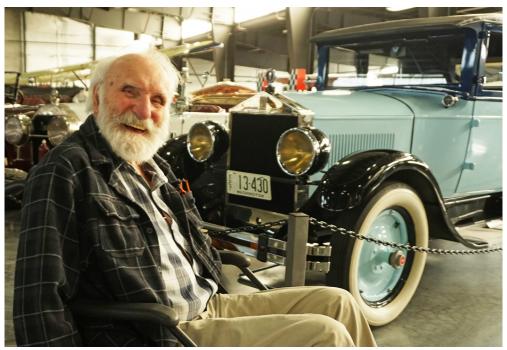
# Columbia Basin Care

August 2019



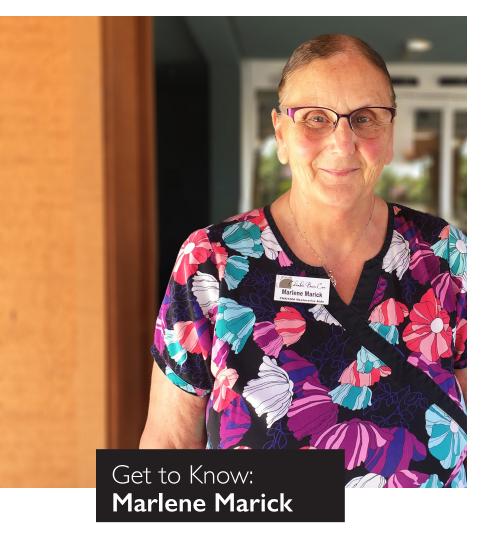




## the wonders of **WAAAM**

he day filled with smiles on our recent field trip to WAAAM - Western Antique Aeroplane and Automobile Museum. This massive Hood River treasure features over 130 cars, along with airplanes, motorcycles, tractors and more. The collection is contained in four hangars that span 3.5 acres. For us, this place was packed with memories of first cars, beloved bikes, and fond nods to the past.





arlene is the Restorative Aide who gets us moving and active. Quiet, dedicated and kind, she has worked at Columbia Basin Care for 18 years.

#### What do you like most about working here?

I try to help residents gain a quality of life by increasing their level of strength and mobility. I like receiving a smile and a thank you from the residents after they have completed their exercise program for the day.

6 6 I help residents gain a quality of life.

What do you like to do for fun? I love to shop and travel to the coast.

#### Do you have children or pets?

I have three sons — Tyson, and twins Kyle and Cory. I have one dog, a Jack Russell named Magee.

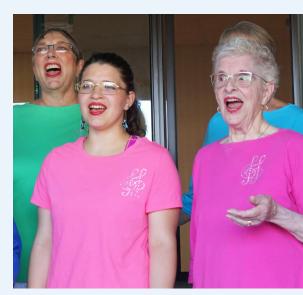
What is the best advice you've given or received? "Always give 100 percent.

### **Notable**

#### CONCERTS IN THE COURTYARD

Residents, families and staff are invited to enjoy live music in the Columbia Basin Care courtyard. The free concert series features local musicians on Sunday evenings.

- Sunday, August 25 at 6pm
  Anna Viemeister classical & opera
- Sunday, September 8 at 6pm
  Harmony of the Gorge women's choir
- Sunday, September 15 at 6pm
  Willy & Nelson soft rock classics



#### PATIENCE, PLEASE

Please bear with us as we work to improve our facility over the next few months. We're embarking on a renovation on the south side of the building in non-resident areas that will enhance our kitchen, employee lounge, and office space. We're working hard to minimize disruption; thank you, in advance, for your patience and understanding.



With her soft smile and gentle voice, Bernice brings a lovely thoughtfulness to our days. You'll most often find her in the garden, at writing group, and at the craft table.

#### Where did you grow up?

I was born and raised in Lyndon, Kansas and lived on a farm.

#### What kind of work did you do?

I was a nurse aide for 20 years.

We narrow our lives if we just think of ourselves.

#### What do you like to do for fun?

I'm really enjoying the garden, making crafts, and playing games.

#### What is your best memory from childhood?

I liked living on the farm and riding horses and being around all the animals — and helping my Dad deliver piglets!

#### What is your advice for living a good life?

Think of others first, before yourself. We narrow our lives if we just think of ourselves.



#### MEET THE LEADERS WORKING FOR YOU

Did you know? Columbia Basin Care is the region's only community-owned, nonprofit skilled nursing facility for short-stay rehabilitation & long-term care.



COLUMBIA BASIN CARE 1015 WEBBER STREET THE DALLES, OR 97058



COLUMBIA BASIN CARE

**Our Mission**: To improve the lives of those we serve

Executive Director

**Aubree Schreiner** 

**Board of Directors** 

John Byers Mike Courtney John I. Hutchison Linda Omeg Linda Trautz

Medical Director

Dr. Steve McLennon

Assistant Medical Director

Valerie Hiveley-Blatz

Located in the scenic Columbia River Gorge in the sunny city of The Dalles, Columbia Basin Care is the region's only community-owned, not-for-profit facility for short-term rehabilitation and long-tern care.

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