



# Columbia Basin Care

January 2019



## A Joyful Season

Fa la la la, fun for all!

In a whirlwind season, we decked the halls, trimmed trees, made wreaths, dressed up, made snowglobes and ornaments, enjoyed a paint party, recalled favorite gifts, played games, saw lights, sang songs, wrapped presents, snacked on sweets, greeted Santa, visited with friends & family, and enjoyed the holiday season with an abundance of joy and good cheer. ■

### GLAD TIDINGS WE BRING

Photos, from top left:

- Carla decorates a gingerbread house.
- Santa (Tristan, Room Service Assistant) delivers gifts.
- Beverly wears holiday spirit with style.
- Norm frosts sugar cookies.

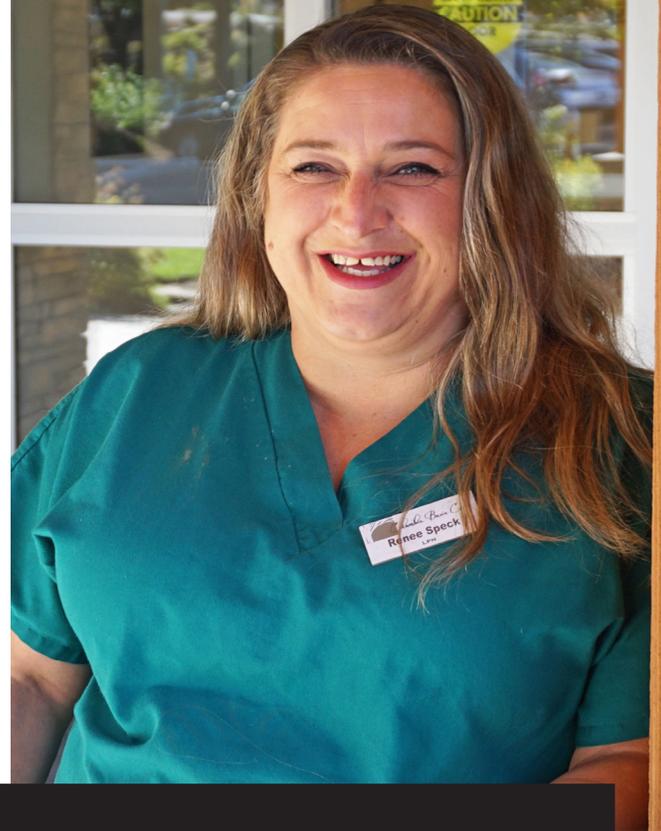
*More photos on Facebook & Instagram @ Columbia Basin Care*



A community-owned, nonprofit, long-term care and rehabilitation facility.

# Merry & Bright

So much fun, so many photos, so little space. Here are a few more highlights from our holiday season. ■



## Get to Know: Renee Speck

**A**lways bubbly and smiling, Renee Speck is a Licensed Practical Nurse with a full heart and contagious smile. She's worked at Columbia Basin Care for two years.

**What do you like most about your job?**

The one-on-one time I get to spend with the residents.

**What do you do for fun?**

I like to be outdoors, with my dogs.

**Do you have children?**

I have two children: Aaron and Geneva, and one grandbaby, Calie.

**If you could have done anything differently what would it be?**

Nothing! I wouldn't be who I am.

**What do you know for sure?**

I will die, and I have to pay taxes. ■

*Staff and Residents featured in Get To Know are chosen by our Resident Council, a group working to ensure the best place and practices at Columbia Basin Care.*



## Get to Know: Beverly Silseth

**O**utgoing and friendly, Beverly Silseth has an upbeat outlook and is always willing to try new things and meet new people.

### Where were you born and raised?

In Salem, Oregon.

### Do you have siblings?

Yes, a twin sister, Bernice, and a half-sister Margie.

### Do you have children?

I had one son, Steven Alan.

### What is your best childhood memory?

I had an old workhorse named Blackie.  
We would feed him apples and he would chase me.

### What kind of work did you do?

I worked at a hospital in California as a cleaning lady, and a cook at restaurants and a golf club.

### If you could have done anything different, what would it be?

I would not have married so young. I was sixteen. ■

## Take Note

### COLUMBIA BASIN EARNS 'BEST' RATING

Columbia Basin Care has been named among the 'Best Nursing Homes' in a comprehensive annual ranking by *U.S. News & World Report*.



*Best Nursing Homes* highlights the top nursing homes out of 15,000 facilities nationwide. The rating system aims to help consumers determine best options for a skilled nursing facility with a strong track record of good care.

Earlier this year Columbia Basin Care earned a Five Star Rating from the Centers for Medicare & Medicaid Services, the federal agency that sets and enforces standards for nursing homes. The Best Nursing Homes rating draws on CMS data that assigns a rating of one to five stars in the areas of health inspections, nurse staffing levels, and quality of medical care.

### HAPPY ANNIVERSARY

#### Delena Gordon

Social Services Director - 7 years

#### Desiree Dunbar

Certified Medication Aide - 5 years

#### Robin Haberman

Licensed Practical Nurse - 1 year

#### Cynthia Mendoza Hernandez

Certified Nursing Assistant - 1 year

#### Sarah Reser

Resident Care Manager - 1 year

#### Rebeka Wiedeman

Certified Nursing Assistant - 1 year

### WELCOME TO THE TEAM

Please 'welcome back' our newest employees:

**Michelle Lopez** Certified Nursing Assistant

**Christina Herron** Certified Nursing Assistant

The real voyage of discovery consists not in seeking new landscapes, but in having new eyes.

— Marcel Proust



**HAPPINESS IS . . .**

Our annual Holiday Party delivered delights and surprises.  
For Georgeann, a sweet soft cuddler brought unexpected joy.



*Columbia*

COLUMBIA BASIN CARE

**Our Mission:**

To improve the lives of those we serve

Executive Director

**Aubree Olmstead**

Board of Directors

**John Byers**

**Mike Courtney**

**John I. Hutchison**

**Linda Omeg**

**Linda Trautz**

Medical Director

**Dr. Steve McLennon**

Assistant Medical Director

**Valerie Hiveley-Blatz**



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COLUMBIA BASIN CARE

1015 WEBBER STREET

THE DALLES, OR 97058

Located in the scenic Columbia River Gorge in the sunny city of The Dalles, Columbia Basin Care is the region's only community-owned, not-for-profit facility for short-term rehabilitation and long-term care.

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[www.colbasin.com](http://www.colbasin.com)

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